

SOLT
Sisters'
SPOTLIGHT



Dear Friends,

Lent is a perfect time pick up a good book that will encourage us on our journey to come to union with the Most Holy Trinity. Fr. John Hardon said "Who needs spiritual reading? Everyone who wants to become Christlike!.. If I wish to become holy, I must read about holy people. Their faith will strengthen mine. Their trust in divine providence will encourage mine. Above all, their victory over self, the world and the evil spirit will spur me on to victory. How we need this encouragement!" We asked a few of our sisters what they are reading these days and to share some of their favorite books. We hope you are inspired to pick one up. Happy reading!

In Christ,

Sr. Megan Mary, SOLT

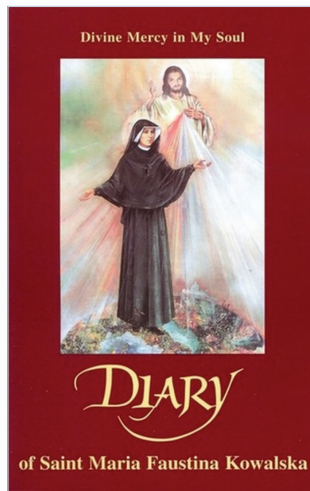


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THE DIARY OF ST. FAUSTINA: DIVINE MERCY IN MY SOUL

by St. Faustina Kowalska



"Love endures every everything, love is stronger than death, love fears nothing." (number 46, p. 24)

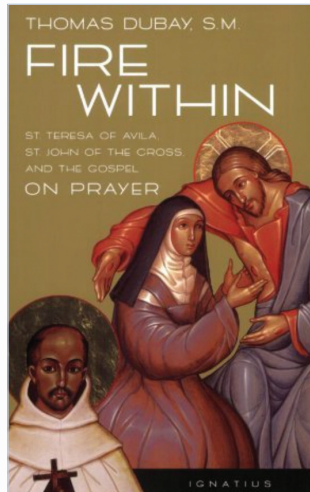
I enjoy reading the Diary not only for its insights into the mercy of God but also for the relationship of Jesus and St. Faustina as a spouse of Christ. I love watching her grow in confidence and trust, and it inspires me to treasure the gift I have in my vocation.



Sr. MaryAnn Richwald, SOLT currently serves the people of the Turtle Mountains and resides in Dunseith, North Dakota. She professed perpetual vows on August 22, 2010.

FIRE WITHIN

by Fr. Thomas Dubay, SM



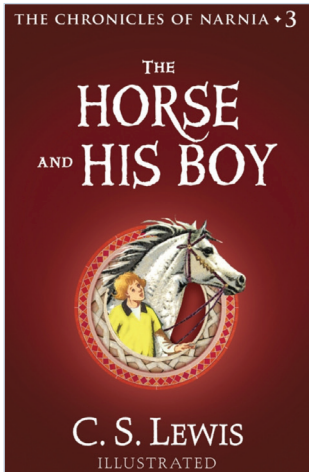
This book gives a good overview of the spiritual doctrine St. Teresa of Avila and St. John of the Cross. At the moment, I'm reading about the seven mansions of St. Teresa. She describes prayer as a journey toward a heavenly destination and maps out the way to get there. This book has encouraged me to aspire to a life of deep prayer amidst an active life and the various trials that arise in life.



Sr. Mary Mediatrix of All Grace, SOLT serves as the Director of Development for the greater SOLT family in Corpus Christi, Texas. She professed perpetual vows on July 11, 2011.

THE HORSE AND HIS BOY

by C.S. Lewis



“Child, said the Lion, ‘I am telling you your story, not hers. No one is told any story but their own.’ and “Who are you? One who has waited long for you to speak.” (p. 216)

It is a wonderful journey of courage and adventure. C. S. Lewis weaves a tale that introduces a boy to Aslan, who is an allegory for Christ. In meeting Aslan, he discovers who he is and the greatness he is called to. Jesus does that with each of us as well.



Sr. Mary Emmanuel, SOLT serves as the American Regional Sister Servant and resides in Corpus Christi, Texas. She professed perpetual vows on December 12, 2006.

New! This Lent

Follow the Lord into the depths of your heart this Lent and you will never be the same.



RESTORE

by Sr. Miriam James Heidland, SOLT

Your journey of healing with Sr. Miriam James, SOLT, begins on Ash Wednesday and focuses on your relationships with God, yourself, and others through the traditional Catholic practices of prayer, fasting, and almsgiving.



Visit avemariapress.com/restore for more information.

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Lenten Tradition

The Seven Penitential Psalms

Since the seventh century, Psalms 6, 32, 38, 51, 102, 130, 143 have been considered to be penitential psalms and helpful for reflection during Lent.

“Do not reprove me in your anger, LORD, nor punish me in your wrath.

Have pity on me, LORD, for I am weak; heal me, LORD, for my bones are shuddering.

My soul too is shuddering greatly—and you, LORD, how long?

Turn back, LORD, rescue my soul; save me because of your mercy.”

Psalm 6

On the cover

Sr. Mary Lauren, Sr. Mary Rachel, Sr. Gianna Marie and Sr. Mary Ignatius celebrating their vows this past summer.



Sr. Mercy Marie, SOLT celebrates her perpetual vows on September 11, 2021.



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of the Most Holy Trinity

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SOLT Sisters who serve in Corpus Christi and Fr. Jim Kelleher, SOLT enjoy a visit with Bishop Wm. Michael Mulvey during the Knights of Columbus religious and priest appreciation dinner.

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